

Elmridge Park Tennis & Pickleball Club August Newsletter



August 7th 2025

Hello EPTC members! August is in full swing, and we've got plenty of updates, events and fun to keep you busy! Read on for all the details!

EPTC 2025 Tennis Tournament

Get ready for some friendly competition. **EPTC's annual Tennis Tournament is here!** Registration is now open on CourtReserve, so don't miss your chance to join the fun.

Juniors (age 15 & under)

- Category: Mixed Singles
- Dates: **August 9–16**
- Fee: **\$15 per player**
- Winner's Prize: **\$50**
- **Entry Deadline: August 9**

Adults

- Categories: Men's Singles, Women's Singles, Men's Doubles, Women's Doubles
- Dates: **August 16–24**
- Fee: **\$20 per person, per category**
- Winner's Prize: **\$75 per category**
- **Entry Deadline: August 13**

Register now!

Questions? Email us at Operations@eptc.ca.

Follow Us on Social Media!

We're excited to announce that EPTC is **now on social media!**

Stay up to date with the latest events, clinics, club news, and more by following us online. It's the best way to **stay connected with the community both on and off the courts!**

 [@ElmridgeParkTennis&PickleballClub](https://www.facebook.com/ElmridgeParkTennis&PickleballClub)

 [@EPTC1979](https://www.instagram.com/EPTC1979)

Give us a follow and join the conversation. We can't wait to connect with you!

New! Safety Glasses for Pickleball

Player safety is our priority, and with the fast-paced, close-proximity nature of pickleball, the risk of eye injuries is real. To help protect our players, we're now selling **pickleball safety glasses**.

We currently offer **four options**: Regular in **Small (\$12)** or **Large (\$15)** and **Premium (\$20)** in one size (can be tinted or untinted).

Why Wear Safety Glasses?

- **Enhanced Safety:** Protect your eyes from potential injury during quick rallies and close net play.
- **Sun Protection:** Shield your eyes from harmful UV rays during outdoor games.
- **Comfort & Performance:** These glasses are designed specifically for pickleball players, offering a secure fit without compromising vision.

Eye protection is one of the easiest ways to prevent serious injuries. We encourage all members to **make safety glasses a regular part of their gear**. Your eyes will thank you!



Hear Ye, Hear Ye! The “Almost Free” Pickleball Tournament is here!

Grab a partner and join the Elmridge Members Pickleball Tournament!

Saturday, Sept 6 | \$5 per person

Men's & women's teams only (no mixed). Levels: Beginner, Intermediate, Advanced & SuperAdvanced (based on signups).

Your \$5 includes:

- 3+ full games at your level
- Hot dog, chips & drink
- Fun, prizes & friendly competition

Register by Aug 16!

Sign up & pay on Court Reserve (“Almost Free” Member Fun PB Tournament).

Email Pickleball@EPTC.ca with names, phone numbers & skill levels.

Flying solo? Email us and we'll match you up!

Spots are limited. Sign up today!

HST changes

Starting **August 1, 2025**, EPTC will begin collecting **13% HST** as required by the Canada Revenue Agency (CRA). HST will apply to all purchases from EPTC, including memberships, paid events, lessons, PAYG fees, guest fees, and other transactions, **except Kids' tennis lessons and camps, which remain HST-exempt.**

Why the change?

Thanks to the tremendous support of our members, our revenues have reached the threshold where CRA requires us to collect HST.

A small perk for members:

To help offset this change, EPTC will **absorb the HST on drinks and ice cream treats** for the rest of the 2025 season. Our treat to you!

If you have any questions about HST, **contact us at finance.elmridgetennis@outlook.com.**

Stay Cool on the Courts!

Cooling towels are now available for all members! Find them pre-dampened in the white and blue cooler (in the fridge) for instant relief on hot days.

When finished, drop used towels in the **white laundry bags by the court doors.** We'll wash, re-roll, and have them ready for next time.

Here's a photo of some happy members beating the heat, **try one on your next visit!**



***The cooling towels are for court use only. Please do not bring them home.**

Mark Your Calendars: EPTC Annual General Meeting

It's that time of year again! Join us for Elmridge's **Annual General Meeting of Members** on **Thursday, September 18, 2025**. Hear updates from your 2025 Board on finances and accomplishments, and cast your vote for the 2026 Board.

Interested in joining the Board or nominating someone? Email president@eptc.ca by **August 20**.

Bonus: Free AGM hotdogs for all attendees!

Exclusive Offer for EPTC Members from Kunststadt Sports!

We're excited to share that **Kunststadt Sports** is offering special deals for EPTC members this summer!

Fast turnaround on stringing & regripping

Wide selection of racquets, clothing, shoes & accessories from top brands like **Babolat, Yonex, Head, Wilson, Nike, ASICS and more**

Special Club Pricing on Balls:

- Penn Championship – Case of 12: **\$45** (\$3.75/can)
- Dunlop ATP Championship Extra Duty – Case of 12: **\$60**
- Pro Penn Marathon Extra Duty – Case of 24: **\$140**
- Wilson US Open & Red/Orange/Green Dot balls available on request

Orders of \$250+ include FREE delivery to EPTC!

Show your EPTC shoe tags to access these member perks.

To order or learn more, contact Mitch at Mitchell.craig@kunststadt.com or call **613-233-4820**.

Find Players at Your Level!

Struggling to find games that match your skill level? We're creating a **Beginner/Low Intermediate Player Pool** to make it easier to connect with others at a similar level.

This pool will include **emails, phone numbers, and general availability**, so you can organize games and meet new playing partners.

Interested in joining? Email pickleball@eptc.ca and we'll add you to the list!

Pickleball Clinic with Shawn & Gaby

Looking to sharpen your skills and bring more purpose to your play? Join Shawn and Gaby for a **high-energy clinic** designed to take your pickleball game to the next level! Each session will run **one Intermediate court and one Advanced court (6 players per court)**.

Live Ball Clinic – Fast-Paced & Game-Like

Nonstop action with continuous rallies, high reps, quick coach feedback, and a fun, competitive format simulating real match play.

Aug 23: 10 AM–12 PM

Aug 30: 12 PM–2 PM

\$25 per person

Sign up now to secure your spot!



Capital Grant Improvements

Elmridge is lucky to be one of the finalists in the **City of Ottawa's competition for major capital grants**. We submitted a proposal for a **permanent shade structure in front of the Clubhouse** against the south-west corner of the courts. **The City has asked the community for comments here:** [Engage Ottawa Survey](#).

More about this proposal at the **AGM**.

We also submitted a **minor capital grant proposal** to repave the concrete in front of the Clubhouse. The City not only approved our proposal, **they offered to pay the full (\$26K) cost** (usually The City only matches funding). Our rationale was that our cracked and sinking patio creates a safety hazard for our members, campers and neighbours.

As well, the City has promised to upgrade our Clubhouse windows (for free!).

Yay Ottawa!

Join Orleans CrossFit (OCFIT) for a Free Class!

Curious about CrossFit? Want to boost your tennis or pickleball performance? Orleans CrossFit (OCFIT) is inviting EPTC members to a **free 45-minute class on Wednesday, August 20 at 1:00 PM.**

This exclusive session is perfect for all ages and fitness levels. You'll be guided every step of the way, and you might even surprise yourself!

Location: Orleans CrossFit, 571 Lacolle Way, Orleans, ON, K4A 5B6

Use this link: [Elmridge Park Tennis Club at ORLEANS CROSSFIT | OCFIT | PushPress](#)

Space is limited to the first 15 participants, so sign up today!

CrossFit builds strength, speed, balance, and endurance, all essentials for dominating the court.

Meet Our New Coaches + Join Cam's Tennis Clinics!

We're excited to expand our tennis team this year! In addition to Paul Kirijian, we welcome two new coaches: Arthur Cuenco and Cameron Montgomery. Whether you're new to tennis, or looking to fine-tune your skills, our coaching team is here to help.

This summer, don't miss **Cam's new "Feeding Frenzy" clinics**, a high-energy, drill-based class focused on movement and shot sequences. Held **Mondays and Thursdays at noon**, it's the perfect way to sharpen your strokes in a fast-paced, non-rally format.

All levels welcome!

Register using this link: [Cam's Feeding Frenzy Clinics](#)

A fee will apply.

Spots Still Open: Kids' Tennis Camp!

Looking for a fun and active way to keep your kids engaged this summer? There's still time to register for **EPTC's Kids' tennis Camp**, with sessions running the weeks of **August 18th and August 25th!**

Ages: 6–12

When: Monday to Friday

Time: 8:00 AM – 12:00 PM

At our camp, kids will learn tennis fundamentals in an exciting and dynamic setting. In addition to tennis, they'll enjoy recreational games, group activities, and plenty of opportunities to make friends—all in a fun, supportive environment!



Our Coach:

Led by **Paul Kirijian**, a Tennis Canada Level 1 Certified Coach, your kids will receive excellent instruction and encouragement.

Give your kids an active, memorable summer!

Register now: elmridgetennis.ca/childrens-summer-camp

Thank You!

Thank you for taking the time to read through this month's newsletter. We appreciate your continued support and enthusiasm for EPTC! Here's to a great season ahead, full of fun, fitness, and community.

